Eating for Good Health Delivery Plan 2026-2029

Section 1: Background and Context

Supporting our residents to eat well is fundamental to improving health and wellbeing and reducing inequalities. Poor diet is among the leading contributors to preventable ill health including cardiovascular disease, Type 2 diabetes, some cancers and poor mental health.

What influences our ability to eat for good health is complex. Our dietary behaviours are shaped by the environments in which we are born, grow, live, work and age. The availability and access to affordable nutritious food, income and the wider local food environment are some of the factors that play a significant role in enabling or limiting our healthy eating choices. These factors are not evenly distributed, contributing to inequalities in diet and health outcomes across Nottingham. Improving health therefore requires action across systems, services and communities alongside support for individuals and families.

The scale of the challenge locally is significant. In 2024/25, around seven in ten adults (71.8%) in Nottingham were living with overweight or obesity, higher than the England average (64.6%). Less than a third of adults (21.3%) in Nottingham meet the recommended '5-a-day' of fruit and vegetable intake, lower than the England average (31.4%).

In 2024/25, around one in four children in reception (24.4%) in Nottingham were living with overweight or obesity. By the end of primary school, this rises to two in five children (40.1%) in Year 6, higher than the England average (36.2%). The 2025 Health-related Behaviour Survey also found that 14% of primary school children in Nottingham rarely or never eat vegetables.

There is also a clear gradient in the access to and consumption of healthy food. People living in more deprived areas are more likely to experience food insecurity and face greater barriers to accessing affordable, nutritious food, contributing to wider health inequalities. About 31% of Nottingham City's neighbourhoods are in the most deprived 10% nationally. National evidence shows clear inequalities in diet quality for both children and adults with those from the most deprived quintile consuming less fruit and vegetables, oily fish and fibre than those in the least deprived quintile[12].

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[1] Food Foundation. The Broken Plate 2023. London: The Food Foundation; 2023. Available at: TFF_The Broken Plate 2023_Digital_FINAL..pdf

[2] Public Health England, Food Standards Agency. National Diet and Nutrition Survey: rolling programme, years 9 to 11 (2016/2017 to 2018/2019). London: HMG; 2020. Available from: NDNS: results from years 9 to 11 (2016 to 2017 and 2018 to 2019) - GOV.UK

Improving eating for good health requires a whole-systems approach to create conditions that make healthy food choices easier, more accessible and more affordable for our residents.

Our City-wide approach

Eating and Moving for Good Health Strategy (2022-2032) sets out Nottingham's long-term vision:

"To collectively transform Nottingham's systems, services and infrastructure so that they support eating and moving for good health as a part of everyday life, for everyone in the city."

The Strategy outlines a city-wide whole system approach built around 5 key themes:
Theme 1: Ensuring all Early Years Settings, Schools and Academies are enabling eating and moving for good health
Theme 2: Supporting people throughout the life course to achieve and maintain a healthy weight
Theme 3: Promoting physically active lives and building active and green environments
Theme 4: Creating a local environment that promotes healthy food choices
Theme 5: Promoting a sustainable food system that tackles food insecurity

To support effective delivery of the Strategy and reflect the breadth of action required, we have launched **two** aligned Delivery Plans: ***Eating for Good Health*** and ***Moving for Good Health***. This approach enables clear governance and delivery ownership across two distinct but connected priorities. While the two Delivery Plans are set out separately, they remain strategically linked to ensure that workstreams continue to work synergistically and collaboratively at a whole-systems level, aligned to the overarching *Eating and Moving for Good Health Strategy*.

This *Eating for Good Health Delivery Plan* (2026 – 2029) refreshes the actions required to deliver the Strategy over its next three years. It outlines priority actions and success measures, focusing on themes 1, 2, 4 and 5, that we will deliver collaboratively to support everyone in Nottingham to eat well. Theme 3, which focuses on promoting physical activity and active environments, is delivered through the *Moving for Good Health Delivery Plan*. This Plan strengthens Nottingham's whole-systems approach to healthy weight, prioritises system-wide change, and focuses on maximising community assets to create lasting impact.

This Delivery Plan aligns with key national strategies and policies and local strategies and delivery plans that support action to enable eating and moving for good health. The most relevant key strategies and delivery plans are listed below:

National:

- Tackling Obesity Strategy
- NHS Long-Term Plan
- A UK Government Food Strategy for England
- Turning the Tide: A 10-Year Healthy Weight Strategy
- National Food Strategy: The Independent Review Part One
- National Food Strategy: The Plan
- The Broken Plate 2025

Alongside existing national strategies, there is increasing momentum for a more comprehensive approach to food system reform. The proposed Good Food Bill calls for coordinated cross-government action to transform England's food system. While not yet legislation, it signals a shift in the national ambition. Nottingham will actively monitor developments to ensure local delivery remains aligned and responsive.

Local:

- Joint Health and Wellbeing Strategy for Nottingham
- Moving for Good Health Delivery Plan
- Best Start Strategy and Delivery Plan
- Work and Health Delivery Plan
- Nottingham/shire Healthy Weight and Nutrition JSNA

How this Plan has been developed

This Delivery Plan was developed through an evidence-led and collaborative process, including a review of progress and learning from the previous Eating and Moving for Good Health Delivery Plan (2023 – 2026), a robust review of local and national evidence and learning from other local authorities. The Plan was also shaped through a dedicated workshop that brought together a wide range of organisations across sectors to explore key challenges, build on existing assets and identify opportunities for collective action. Following the development of the draft Plan, it was shared with partners for review and feedback, with their input informing further refinement of the actions and priorities. This approach ensured that the Delivery Plan reflects local needs, builds on the City's strengths and remains responsive to emerging priorities over the 2026 – 2029 period.

Our Vision for 2026–2029

The refreshed Plan envisions a city where:

- Healthy, affordable food is easy to access and part of everyday life, supported by policy, regulation and changes to the food environment
- Local communities are empowered, with the skills and resources to eat well and thrive
- Equity is embedded in every service, ensuring culturally competent and inclusive support tailored to people's needs
- Our local food system is resilient and sustainable, supporting long-term food security

How will we know we have made a difference?

Over the next three years, the impact of this Plan will be seen through measurable changes in the health and wellbeing of our residents as well as improvements in the food environment and wider food system. As part of our whole-systems approach, we will measure progress, recognising that no single action alone creates long-lasting change, but that together, coordinated efforts can drive positive change. We will know we are making a difference when:

- Healthier, affordable food and drink options are increasingly available and accessible across public settings
- More residents are eating well, including an increase in those meeting the recommended '5-a-day'
- More residents are connected to and engaged with their local food system, including through opportunities such as community growing, cooking and food initiatives

- Fewer children and adults are living with overweight or obesity
- More residents are accessing healthy lifestyle and healthy weight services, with improved reach into communities experiencing the greatest inequalities
- Residents experience reduced stigma and greater confidence in accessing culturally inclusive healthy weight services
- The city has a stronger, more coordinated and integrated response to food insecurity with increased access to dignified, sustainable food support

Who will work together to achieve this?

This Delivery Plan is owned collectively by the people and the organisations that shape Nottingham. It draws on the insight and expertise of partners from across the city, all of whom played a vital role in its development. Achieving our vision for everyone to eat well cannot be achieved by a single organisation; it requires shared ownership and stronger collaboration across sectors.

We would like to acknowledge colleagues across Nottingham City Council (NCC) and wider partners who contributed to the development of this Plan and who will continue to lead and support its delivery, including:

NCC Public Health
NCC Planning
NCC Catering Services
Nottingham City Sustainable Food Partnership
University of Nottingham
Thriving Nottingham
Himmah
Evolve
Nottinghamshire Chinese Welfare Association
YouthxFood Hub
Nottingham University Hospitals
NCC Communities
NCC Environmental Health
NCC Education Services
Nottingham Growing Network
Nottingham Trent University
Achieve Well
Pulp Friction
Achieve Well
Renewal Trust
Nottingham Financial Resilience Partnership
Community Champions Network

Section 2: Key achievements of the previous Delivery Plan (2023 – 2026)

Theme 1: Ensuring all Early Years Settings, Schools and Academies are enabling eating and moving for good health

The Achieve Well Team has been established to provide a one-stop shop to schools in Nottingham City around health and wellbeing, offering guidance, support, training, and signposting to relevant organisations, supporting schools in Nottingham to work towards our vision for the Nottingham Healthy Child.

Public Health has commissioned an annual children and young people Health Related Behaviour Survey in schools to strengthen local insights and inform future planning.

Public Health has partnered with Veg Power to deliver the Eat Them to Defeat Them and Growing to Love Tomatoes campaigns in Nottingham schools to get more children eating vegetables.

In 2025/26, Public Health and the Achieve Well Team launched a healthy eating and nutrition grant scheme to enable schools to design and deliver pupil co-produced healthy food and nutrition projects.

The Nottingham Seed-to-Fork Education Guide has been developed as part of the Nottingham City Sustainable Food Partnership, involving Nottingham Trent University, the University of Nottingham, Nottingham City Council's Achieve Well team, Public Health Nottingham City, local schools, and the Nottingham Growing Network. It is designed to help schools embed a whole school approach to food education by linking growing, cooking, eating and sustainability across teaching, the school environment and the wider community.

Theme 2: Supporting people throughout the life course to achieve and maintain a healthy weight

Our Integrated Wellbeing Service, Thriving Nottingham, commissioned by Public Health, was launched in 2024 to deliver Healthy Lifestyle and Tier 2 Weight Management programmes for adults, children, and families, offering tailored support to achieve a healthy diet and weight and improve physical activity.

Public Health has launched a local community grants scheme enabling voluntary and community sector organisations to deliver activities that support eating and moving for good health.

The first Nottingham City Best Start Strategy (2025–2035) was launched in 2025, embedding healthy eating, nutrition and breastfeeding support into early years pathways, giving every child the best start in life and reducing long-term health inequalities.

Healthy Start Vitamins programme has been successfully transitioned to a universal offer after the initial pilot stage receiving good support from healthcare professionals and service users.

Theme 4: Creating a local environment that promotes healthy food choices

Public Health and Planning colleagues have worked together to respond to planning applications for Fast Food Takeaways using the new planning guidance framework.

Work to explore a local 'Healthier Takeaway Scheme' has included an options appraisal, analysis of hot food takeaway clusters and policy exploration, providing evidence to inform next steps for Nottingham City.

Theme 5: Promoting a sustainable food system that tackles food insecurity

Partners from the Eating and Moving for Good Health Alliance contributed towards the Nottingham Trent University (NTU) MARKET's report[3] on a system's approach to food sustainability. Concurrently, the University of Nottingham (UoN) have conducted work on mapping food insecurity across Nottingham City. Building on the success of these reports and utilising EMGH networks, a new Nottingham City Sustainable Food Partnership (NCSFP) was established focusing on food insecurity and sustainability. The Partnership has brought together community, Nottingham City Council (NCC) and university representatives committed to promoting the access to affordable, healthy, sustainable food in the city, supporting Eating and Moving for Good Health. A strategic group, working groups and an action plan have been created. Further research[4][5][6] undertaken by Nottingham Trent University has explored the development of a Pathway Out of Food Insecurity and Poverty to support a 'stronger more coordinated and integrated response to

[3] Zemandl, E., Henn, M. Nunes, A., Eckersley, P., Li, S., Okonkwo, J. Alderson, K. and Rea, J. 2022. Scoping the Application of Multi-Actor Research & Knowledge Exchange Teams (MARKETs) to the Cost-of-Food Crisis in Nottingham. Available upon request.

[4] Walker, C., Zemandl, E., Machin, R. and Bates. E. 2025. Shining the light on repeat food bank use in Nottingham: complex cases, system gaps and opportunity pathways [online]. Nottingham Civic Exchange, Nottingham Trent University. Available at: Shining the Light on Repeat Food Bank Use in Nottingham

[5] Walker, C., Nunes, A., Vivier, E., Zemandl, E. and Eckersley, P. 2025. Using Customer Personas to Expand More-than-Food Support: A case study of the Meadows Food Pantry in Nottingham [online]. https://www.ntu.ac.uk/__data/assets/pdf_file/0020/2720360/Using-Customer-Personas-to-Expand-More-than-Food-Support-.pdf

[6] Walker, C., and Kankanamge, D., 2023. Developing a new way to tackle food insecurity in Nottingham: a whole-system approach delivered through a Quadruple-Helix collaboration. MSc Policy Lab. Nottingham Trent University. Available on request.

food insecurity and poverty.' To support this work, Public Health is funding two NCSFP coordinators to manage the activities of the partnership and develop and evaluate the pathway.

Section 3: Eating for Good Health Delivery Plan 2026-2029

Context: This document focuses on the delivery plan for our 4 key delivery themes for the next 3 years, monitoring of the actions and details on system working. It is a live document which will be periodically reviewed every 12 months.

The Delivery Plan 2026-2029 will need to be flexible and adaptable to changes in national and local policy.

Some of the actions from this Delivery Plan have been carried forward from the previous Delivery Plan (2023-2026).

Theme 1: Ensuring all Early Years Settings, Schools and Academies are enabling eating and moving for good health				
Theme 1	***Actions***	***Delivery Partners***	***Outcome***	***Evidence***
1.1	Continue to deliver the Achieve Well service to schools to support them to embed a whole-school approach	Achieve Well	More schools embed a whole-school approach to health and wellbeing and are committed to the Nottingham Healthy Child vision More schools achieve Foundation and Healthy Eating Impact Awards More schools access and make use of Achieve Well resources, training and networks to enhance their health and wellbeing provision	Number of schools enrolled in the Achieve Well Awards Foundation Awards Number of schools achieving a Foundation Award Number of schools achieving a Healthy Eating Impact Award Number of schools accessing resources, training and networks

1.2	Increase the reach of the Health-Related Behaviour Survey and use the results to monitor pupil health behaviours and inform future planning	Public Health; Achieve Well; Nottingham City Schools	An annual sharing event for stakeholders is delivered to disseminate findings and support evidence-informed practice Findings of the Health-Related Behaviour Survey are used by schools and NCC to inform planning and drive targeted actions to improve the health and wellbeing of pupils Improved understanding of pupils' health behaviours and attitudes	Number of schools taking part in the Health-related Behaviour Survey Annual Health Related Behaviour Survey findings report Number of people attending the sharing event Evidence of stakeholders using findings to inform planning and targeted actions
1.3	Monitor and evaluate the 2025/26 schools grant scheme, and expand the scheme in 2026/27	Achieve Well; Public Health; Nottingham City Schools	Schools successfully implement projects and initiatives to improve the school food environment and/or healthy eating offer Learning from funded projects inform future commissioning and delivery models Sharing of good practice from schools to encourage and inspire others	Number of funded schools successfully implementing projects as planned Quantitative and qualitative data from schools (case studies, lessons learnt, implementation enablers/barriers)

1.4	Develop, launch and evaluate an auto-enrolment system for Free School Meals (FSM)	Education; Public Health; Legal and Information Governance; Revenues and Benefits; Change Delivery; Data and Insights; School Admissions and Free School Meals; Communications; Basis Consultancy	Increased uptake of FSM through opt-out enrolment Improved access to and consumption of nutritious meals for eligible children	FSM uptake (%) before and after implementation Percentage of children enrolled for FSM who consume them
1.5	Promote and deliver the Holiday Activities and Food (HAF) programme to increase access to healthy nutritious food and physical activity opportunities for eligible children during school holidays	Children and Families; HAF providers; Nottingham City Schools	Increased uptake of HAF places by eligible children Access to nutritious meals for eligible children Increased awareness of healthy eating among children and families	Findings from the HAF Annual Report including participation data and children and families/provider feedback
1.6	Undertake an evaluation of the *Eat Them to Defeat Them* and *Growing to Love Veg* Power campaigns delivered under the previous delivery plan	Public Health	Increased engagement and willingness to try new healthy food in participating schools Improved understanding of children's attitudes towards healthy eating following campaigns delivery Findings from the local evaluation for Veg Power campaigns are used to	Findings from the local evaluation (pupils and parents surveys, catering team and teachers feedback)

			inform future delivery models	
1.7	Explore, develop and implement school-based healthy eating initiatives in primary schools in partnership with local organisations, building on learning from previous campaigns.	Achieve Well; Public Health; Catering Services; Nottingham Growing Network; NCSFP; Thriving Nottingham	Implementation of locally co-designed school-based healthy eating initiatives Improved pupils' knowledge and attitudes towards healthy eating Increased consumption of healthy foods among pupils Strengthened local partnerships to support sustainable delivery in schools	Number of local organisations engaged in co-designing and delivering healthy eating initiatives Number of primary schools delivering healthy eating initiatives
1.8	Undertake targeted work with secondary schools in priority areas to identify enablers and barriers to promoting healthier food choices and co-design and pilot a feasible approach to support healthier eating among pupils	Achieve Well; Public Health; Thriving Nottingham	Improved understanding of what supports or prevents engagement with secondary schools in priority areas A co-designed pilot is implemented in targeted secondary schools	Secondary schools' engagement approach agreed Insight summary produced and used to inform the pilot Successful implementation of the pilot in targeted secondary schools in priority areas
1.9	Deliver universal and targeted healthy lifestyle messaging and interventions within the 0-19 Best Start offer, ensuring accessible support across early years settings, family hubs, schools and community settings	Nottingham City Care Partnership	Strengthened system-wide collaboration across health, early help and community services to support delivery of healthy lifestyle	Evidence of improved knowledge, confidence or behaviour change among participants measured through participant-

			messaging and interventions Improved knowledge, confidence and skills among families to make healthier lifestyle choices Increased access to early preventative interventions during the critical early years (including the first 1,000 days) Reduced health inequalities linked to childhood overweight and obesity	reported outcomes (e.g., feedback, PROMS)

	Delivery Theme 1 Gantt Chart			
	Actions	**Year 1**	**Year 2**	**Year 3**
1.1	Continue to deliver Achieve Well Service to schools			
1.2	Increase the reach of and use the Health-Related Behaviour survey to monitor pupil health behaviours and inform future planning			
1.3	Monitor and evaluate the schools grant scheme, with a view to relaunching it			
1.4	Launch an opt-out system for FSM			
1.5	Promote and deliver HAF			
1.6	Undertake an evaluation of the Veg Power campaigns			
1.7	Explore opportunities to work with local organisation to deliver school-based healthy eating initiatives			
1.8	Undertake targeted work with secondary schools in priority areas to identify enablers and barriers to promoting healthier food choices			
1.9	Deliver universal and targeted Healthy Lifestyle messaging and interventions within the 0-19 Best Start offer			

Theme 2: Supporting people throughout the life course to achieve and maintain a healthy weight				
Theme 2	***Actions***	***Delivery partners***	***Outcomes***	***Evidence***
2.1	Continue to deliver an integrated range of Weight Management and Healthy Lifestyle programmes for children, families and adults across schools and community settings, ensuring services suit diverse needs	Thriving Nottingham	More referrals into our commissioned Weight Management services and Healthy Lifestyle programme Increased participation and completion rates across adults and children and family programmes Sustained improvements in dietary behaviours and weight outcomes	Number of referrals Service monitoring data collected by Thriving Nottingham (e.g., number of sessions delivered in schools and community settings) Qualitative feedback from participants and professionals
2.2	Continue to roll out the universal Healthy Start Vitamins offer for pregnant women	Public Health; Nottingham University Hospitals NHS Trust (NUH)	Increased access to essential vitamins during pregnancy Improved maternal nutritional health Reduced health inequalities through a universal offer	Number of Healthy Start Vitamins packs distributed annually with demographic breakdown of recipients to access reach and equity
2.3	Deliver Public Health Community Grants programme to support VCSE organisations to improve health and wellbeing, including promoting	Public Health	More CVS organisations delivering healthy eating activities to local communities	Number of VCSE organisations funded delivering food-related and healthy eating initiatives

	healthy eating, food access and community-based food initiatives		Increased social connection and community resilience through food-related initiatives (e.g., cooking, growing, shared meals)	Number and value of grants awarded (small, medium, community grants) Case studies demonstrating impact
2.4	Explore, launch and evaluate a targeted Healthy Lifestyle pilot for priority groups, including families with children aged 0-4 (early years) and people experiencing homelessness	Thriving Nottingham	Improved access to healthy lifestyle support for priority groups Improved knowledge, confidence and skills among participants to make healthier lifestyle choices	Pilot developed, delivered and evaluated Evaluation report demonstrating impact and learning to inform future delivery
2.5	Continue to deliver person-centred nutrition and hydration support in care homes through individual care plans and regular reviews to ensure individual nutritional and hydration needs are met	Contracts, Quality and Improvement	Residents' nutritional and hydration needs are met Improved nutritional and hydration outcomes for care home residents Reduced risk of malnutrition and dehydration	Nutrition and hydration plan in place and regularly reviewed for care home residents Annual quality monitoring demonstrating compliance with nutrition and hydration standards
2.6	Work with NHS partners to explore promoting appropriate healthy food as part of hospital discharge plans, including tailored plans for those who are at risk of malnutrition or those that are living with overweight and obesity and long-term conditions	NUH; Public Health	Increased awareness of healthy eating support following discharge	Pilot or pathway developed

2.7	Work with Age Friendly Nottingham to explore hydration and nutrition support and malnutrition awareness initiatives for older people	Public Health; Age Friendly Nottingham	Increased access to hydration and nutrition support for older people Increased awareness of malnutrition among older people	Engagement with VCE sector partners Joint initiatives developed
2.8	Undertake a Health equity audit (HEA) of the Thriving Nottingham service	Public Health; Thriving Nottingham	Improved understanding of inequalities across the service pathway (referral, access, engagement, completion, outcomes) Identification of underserved populations and barriers to engagement Strengthened evidence base to inform service improvement	HEA completed Action plan developed and implemented
2.9	Explore with partners a local Tier 3 Specialist Weight Management Service, including development of the pathway between other weight management services	ICB; NUH; Public Health; Thriving Nottingham	Improved access to SWMS for residents Improved obesity-related health outcomes	Scoping work completed Recommendations developed to inform commissioning decisions

	Delivery Theme 2 Gantt Chart			
	Actions	**Year 1**	**Year 2**	**Year 3**
2.1	Continue to deliver the integrated lifestyle service			
2.2	Continue to roll out the universal Healthy Start Vitamins offer			
2.3	Continue to offer the public Health Community Grant to CVS organisations			
2.4	Explore and launch a targeted Healthy Lifestyle pilot for priority groups			
2.5	Continue to deliver person-centred nutrition and hydration support through individual care plans and regular reviews to ensure individual nutritional and hydration needs are met			
2.6	Work with NHS partners to explore promoting healthy food as part of hospital discharge plans where applicable			
2.7	Work with Age Friendly Nottingham to explore nutrition support initiatives for older people			
2.8	Undertake a Health equity audit (HEA) of the Thriving Nottingham service			
2.9	Explore with partners a local Tier 3 SWMS			

Theme 4: Creating a local environment that promotes healthy food choices				
Theme 4	***Actions***	***Delivery partners***	***Outcomes***	***Evidence***
4.1	Contribute to the development of the Council's Local Plan and ensure that health and health equity are embedded throughout	Public Health; Planning	Health and health equity are embedded within planning policy Strengthened planning policy and decision-making so that it supports healthier food environment	Adoption of Local Plan that references health and health equity Public Health input documented in Local Plan development and consultation
4.2	Continue to respond to planning applications for Hot Food Takeaways (HFTs) using the new planning guidance framework	Public Health; Planning	Planning decisions that support healthier food environment Reduced exposure to HFTs in priority areas (e.g., near schools)	Number of planning applications for HFTs successfully refused Rate of new HFTs opening in priority areas Density of HFTs per 100,000
4.3	Continue to explore the feasibility of a Healthy Takeaway Scheme to support local food businesses to make healthy options more available to residents	Public Health; Environmental Health	Improved understanding of the feasibility and barriers to a Healthy Takeaway Scheme in Nottingham Recommendation developed on whether and how a Healthy Takeaway Scheme could be taken forward	Engagement undertaken with local businesses and relevant partners to inform options Proposed model and next steps agreed

4.4	Promote and evaluate the Seed-to-Fork Education Guide, designed to support schools in embedding food education and food growing into the curriculum	NCSFP; Achieve Well	Increased number of schools embedding food education and growing into the curriculum Improved pupils' understanding of food growing and strengthen practical cooking and food skills	Number of schools using the Seed-to-fork Education Guide, delivering food education, and growing Number of schools working with community partners to implement Seed-to-Fork provision Evaluation report highlighting feedback from schools on use and usefulness of the Education Guide
4.5	Deliver and expand youth-led approaches to shaping a healthier food environment by expanding the YouthxFood Hub and partnering with Bite Back to deliver their Bite Back in Schools programme, supporting young people to influence healthier food environments in and around their schools and communities	Public Health; YouthxFood Hub; Thriving Nottingham	Increased capacity of young people to influence food environments in schools and communities Increased youth voice and leadership in shaping healthier food environment	Number of youth food ambassadors trained Qualitative feedback from young people Youth-led activity delivered
4.6	Launch and disseminate a map for all community gardens in Nottingham City	Nottingham Growing Network; Community Champions	Increased awareness and access to local food growing opportunities across Nottingham	Published map of growing spaces Physical map developed and distributed across community venues (e.g., libraries, leisure centres)
4.7	Promote and deliver community-led growing, cooking and healthy eating activities across Nottingham	Nottingham Growing Network; Community organisations (e.g. Renewal	Increased access to community growing, cooking and healthy eating	Case studies highlighting community impact

		Trust, Pulp Friction, Evolve); Community Champions; NCSFP	opportunities across the city	
4.8	Continue to develop the Nottingham Growing Network and support Nottingham's 20+ community gardens with meeting their local community needs	Nottingham Growing Network; NCSFP; Community Champions	Increased capacity and sustainability of community gardens and local growing initiatives More people accessing social eating provision More people engaged in food growing Supporting local schools with eating well agenda/ Seed-to-fork education guide More residents access free outdoor activities/access to safe green space	Roll out of the Community Garden Network Development Plan Mixed of qualitative and quantitative feedback (annual reports)
4.9	Explore feasible options to reduce exposure to HFSS advertising across council-owned spaces, informed by national policy context and learning from other local authorities	Public Health	Recommended next steps to reduce HFSS advertising exposure where feasible/ possible	Options appraisal/recommendations paper completed
4.10	Explore opportunities with partners to improve the availability of healthier food and drink options in vending machines and cafes across public spaces (e.g., leisure centres, hospitals and other community venues)	Public Health; NUH; Leisure centres; Libraries	Identified opportunities for healthier vending/café offers in key public settings	Options appraisal completed (contract levers, cost, constraints)

			Development of a pilot for healthier vending/café provision Improved availability of healthier food and drink options in key public settings	Pilot implemented in selected settings (e.g. leisure centres, hospitals)
4.11	Explore and pilot a Good Food Retail Network to support convenience stores in targeted areas to increase the availability of healthier food options	Public Health; NCSFP	Development of a Nottingham Good Food Retail Network Improved availability of healthier and more affordable food options in convenience stores	Good Food Retail Network developed Number of convenience stores engaged in the network
4.12	Explore the development of a city-wide food growing framework, aligned with Nottingham Vision 2050	Green Space and Natural Environment	A more coordinated and strategic approach to food growing Consistent communication to promote and encourage growing and food production including widespread availability of "how to" guides Strengthened community capacity and skills in growing and food production	Food Growing framework developed Increased participation in community growing activities

			Increased community access to food growing opportunities	
4.13	Explore and pilot referral pathways for residents into Green Guardians and community growing opportunities (such as in community gardens or on currently unused land)	Green Space and Natural Environment; Nottingham Growing Network	Improved food growing skills and community participation	Referral pathway developed Number of referrals

	Delivery Theme 4 Gantt Chart			
	Actions	**Year 1**	**Year 2**	**Year 3**
4.1	Contribute to the development of the Council's Local Plan			
4.2	Continue to respond to planning applications for HFTs			
4.3	Continue to explore the feasability of a Healthy Takeaway Scheme			
4.4	Promote and evaluate the Seed-to-Fork Education Guide			
4.5	Deliver and expand youth-led approaches to shaping a healthier food environment			
4.6	Launch a map for all community gardens			
4.7	Promote and deliver community-led growing, cooking and healthy eating activities			
4.8	Develop a Community Garden Network Development Plan			
4.9	Explore feasible options to reduce exposure to HFSS advertising across council-owned spaces			
4.10	Explore opportunities with partners to improve the availability of healthier food and drink options in key public settings			
4.11	Explore and pilot a Good Food Retail Network			
4.12	Review and update the Nottingham Growing Framework			
4.13	Explore and pilot referral pathways for residents into Green Guardians and community growing opportunities			

Theme 5: Promoting a sustainable food system that tackles food insecurity				
Theme 5	***Actions***	***Delivery partners***	***Outcomes***	***Evidence***
5.1	Maintain and strengthen the Nottingham City Sustainable Food Partnership (NCSFP) to coordinate a city-wide response to food insecurity and sustainable food system	NCSFP	Strong partnership driving coordinated food system change Improved alignment of priorities across the city	NCSFP governance structures in place (ToR, regular meetings) Number and roles of partners actively engaged
5.2	Co-create and publish a Nottingham City Food Charter setting out shared commitments	NCSFP	Shared vision and commitments for a sustainable healthy food system Effective engagement with a wide range of partners such as corporates, local businesses, marketing organisations to contribute to local responses to food insecurity, sustainable food economy and growing	Nottingham City Food Charter published and number and type of organisations signed up
5.3	Explore and develop a local Public Food Procurement Pilot with Council catering and public sector anchor institutions promoting sustainable and local sourcing, and offering support to community food schemes	Sustainable Procurement Working Group of the NCSFP; NUH	Increased use of sustainable and locally sourced food	Local Food Procurement Pilot developed

			Council/anchor institution support for community food schemes	Feedback from participating organisations Model developed for council/anchor institution support for community schemes
5.4	Launch and evaluate the DISHED social eating pilot, co-designed with residents to create a community-led public restaurant model that integrates affordable, sustainable and healthy food provision	University of Nottingham; Himmah; Thriving Nottingham	Increased access to affordable healthy meals Improved social connection and community participation through shared meals Findings are used to inform future practice	DISHED pilot delivered and evaluated, with evidence of residents' participation and feedback
5.5	Establish a Nottingham Community Food Hubs Practice Network	NCSFP	Shared learning and knowledge exchange	Nottingham Community Food Hubs Practice Network established with Hubs meeting regularly and horizon scanning for new projects (identifying new projects) Number of hubs actively engaged in the network and participating in collaborative activity (e.g.

				joint bids supported by the universities of Nottingham)
5.6	Develop, implement and evaluate a *Pathways out of Food Insecurity and Poverty* model which consists of food relief, social wellbeing, more-than-food support and employability opportunities at neighbourhood level in different settings such as community hubs, leisure centres, and schools	NCSFP; Community Champions; Thriving Nottingham	Reduced reliance on crisis provision through more integrated wraparound support Improved social connection and wellbeing through community-based offers Strong local evidence base for neighbourhood-level approaches to food insecurity Integration of more-than-food support services, co-located with food relief where possible, through community hubs	The Pathways out of Food Insecurity and Poverty model developed and evaluated in two communities Integrated community hubs offering food relief and more-than-food services at the neighbourhood level
5.7	Coordinate cross-sector networks (students, commercial partners, etc.) to jointly deliver identified actions, build collaborative bids for external funding and support community organisations to apply for grant funding to tackle food insecurity	University of Nottingham as part of the NCSFP	Stronger cross-sector collaboration Increased capacity to secure external funding	Number of joint bids/actions delivered

			Evidence used to inform future planning	
5.8	Develop a Food Insecurity Joint Strategic Needs Assessment (JSNA) profile to strengthen the local evidence base and identify priority areas	Public Health; NCSFP	Robust local evidence base on food insecurity Improved understanding of local needs, priority populations and gaps in provision Stronger evidence-informed approach to decision-making	Food Insecurity JSNA profile signed off and published JSNA findings used to inform planning, commissioning and targeted action
5.9	Ensure food support is embedded within the Crisis Resilience Fund (CRF)	Communities; NCSFP	Increased access to non-stigmatising food support Community food infrastructure and food support projects are strengthened through targeted investment from the CRF Governance of food insecurity response established Established an evidence-based framework to	CRF Monitoring Reports Number of CRF funded projects delivering food support Availability and use of strategic information (e.g., food insecurity data) by NCC and community stakeholders to inform local and strategic commissioning and planning

			inform council decisions with respect to planning and funding activity which uses food insecurity data alongside wider datasets (e.g., financial insecurity, benefits, employment, health, and wellbeing)	
5.10	Work with partners to support the promotion of a Good Food Movement which includes facilitating access to affordable, healthy, local food, including in neighbourhoods where there are high levels of deprivation	NCSFP; Nottinghamshire Sustainable Food Network; Nottingham Growing Network	The establishment of a Good Food Movement as described by Sustainable Food Places	Attendance at good food events Engagement with initiatives to promote healthy eating
5.11	Undertake a phase 1 feasibility study to develop an East Midlands Food Asset Map for local food resilience planning in response to Sustainable Food Places' initiative to strengthen local resilience and preparedness systems and in support of East Midlands Combined County Authority's (EMCCA) inclusive growth ambitions	Nottingham Trent University; University of Nottingham; University of Derby; NCC; Nottinghamshire County Council; Derbyshire County Council; Nottingham/shire Local Resilience Forum, EMCCA	Improved understanding of local food system resilience to inform future preparedness and resilience planning Strengthened partnership working to support future local food resilience action	Feasibility report completed and shared with EMCCA

	Delivery Theme 5 Gantt Chart			
	Actions	**Year 1**	**Year 2**	**Year 3**
5.1	Maintain and strenghten the NCSFP			
5.2	Co-create and publish a Nottingham City Food Charter			
5.3	Explore and develop a local Public Food Procurement Pilot			
5.4	Launch the DISHED social eating pilot			
5.5	Establish a Nottingham Community Food Hubs Practice Network			
5.6	Develop, implement and evaluate a Pathways Out of Food Insecurity and Poverty model			
5.7	Coordinate cross-sector network to jointly deliver identified actions and support organisations to apply for grant funding			
5.8	Develop a Food Insecurity JSNA profile			
5.9	Ensure food support is embedded within the Crisis Resilience Fund			
5.10	Work with partners to support the promotion of a Good Food Movement			
5.11	Undertake a phase 1 feasibility study to develop an East Midlands Food Asset Map for local food resilience planning			